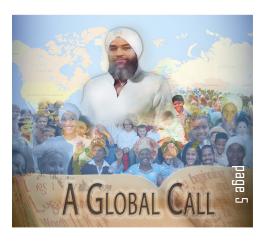


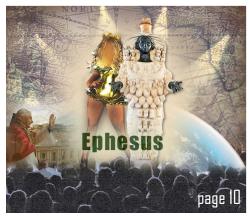
of The Nation of 'הוה', True Holiness and Righteousness, the Kingdom of Shalom, which is the most powerful knowledge of peace in existence.











REPENT!
THE KINGDOM OF つうつう
Is At Hand



News of non

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If we may assist you in learning more about and The Nation of יהוה בן יהוה, please write us without obligation:

P.E.E.S.S. Foundation 1777 NE Loop 410 Suite 600 San Antonio, TX 78217

Telephone: (800) 967-7337

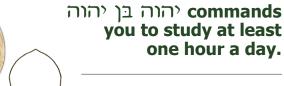
http://www.yahwehbenyahweh.com email - yahweh@yahwehbenyahweh.com



Jeremiah 15:16

Study to show thyself approved unto God, יהוה, a workman that needeth not to be ashamed, rightly dividing the word of truth.

2 Timothy 2:15



Study Means:

To research all the facts about a thing, seek to understand the nature of that thing, then learn how to apply this information to better yourself individually and our nation as a whole.



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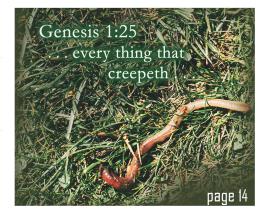
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REPENT!
THE KINGDOM OF ווֹרוֹה Is At Hand

A GLOBAL CALL To THE REMNANT

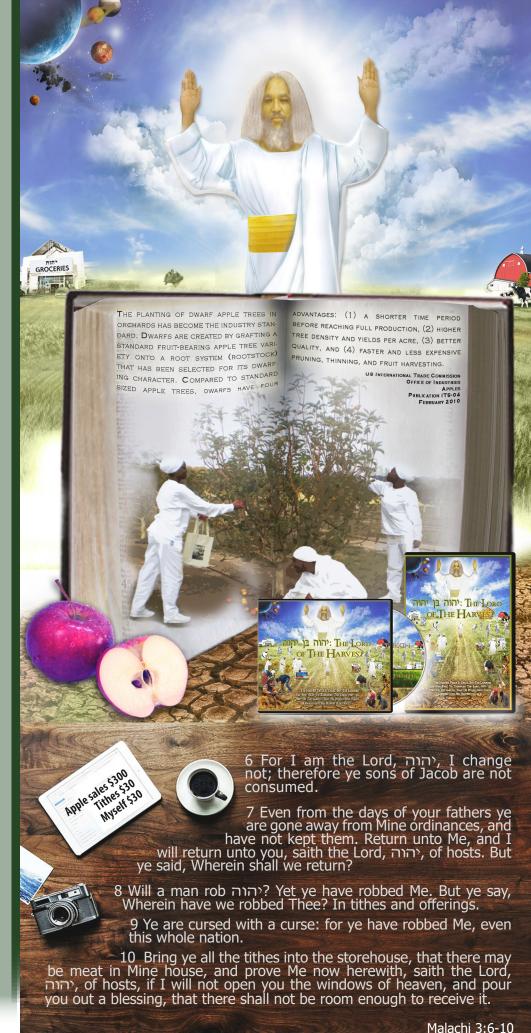


יהוה is the AGENT OF NATURE. Therefore, as the Agent of nature, יהוה cooperates in all activities and, therefore, is entitled to share a part of what He blesses you with. It just shows appreciation. "Yahweh, I appreciate the blessings You have given me." This is etiquette: "Thank you." So, "thank you" has been prescribed by יהוה as a tenth and a freewill offering, as described in Malachi 3:7-10.

This means that certain portions of your crops, your livestock, and all of vour first fruits should be rendered to יהוה as concrete retributions for the help that הוה has given you. You may not know it at this moment, but the day is coming when the whole world must pay tribute to יהוה. A sign of this was when all nations surrounding King Solomon's kingdom brought tribute to him (1 Kings 10:24-25). His kingdom was **not** based on war, but peace (1 Kings 4:24).

They all brought tribute because he was **WISE** concerning the **name**. Ultimately, the world will come to understand and gain knowledge of יהוה. This is what I am publishing. My works listed in The Wonderful World of הוה catalog are filling the Earth with the knowledge of the name, יהוה, as declared in Isaiah 11:9.

-Pages 155-57



A GLOBAL **CALL TO THE** REMNANT

"Because I am building the Kingdom of Heaven itself, then you have to come to know that it will never, ever be destroyed, as prophesied in Daniel, Chapter 2, verse 44:

And in the days of these kings shall the God of יהוה Heaven set up a kingdom, which shall never be destroyed: and the kingdom shall not be left to other people, but it shall break in pieces and consume all these kingdoms, and it shall stand forever." Page 49

Judgment. The only way that you can have Judgment Day is for the Judge to come. I AM "THE" JUDGE. Nobody else has come as the Judge but Me. Therefore, I am able to give you wisdom, knowledge, and understanding on both sides of all that you need to know so you can make a righteous judgment. And you don't have to worry about whether My judgment is going to sit, the Scripture tells you it is going to sit, Daniel, Chapter 7, verses 26-27.

A Special Message יהוה בן יהוה ארדות FROM

All nations you see on the Earth speaking their various tongues—whether you hear nations say huānying or yookoso or bienvenue—It doesn't matter what they say, they come from one father, Noah, and his three sons. Everybody on the Earth is family, but they're fighting and killing one another. All over the Earth we have family members fighting and killing each other because they've lost the knowledge of their "true" Father, יהוה. It's not only the so-called Black man of America who has lost this knowledge, but the whole Earth has been deceived away from the knowledge of יהוה. And that's why the wars are on the planet Earth today. Think about it.

I come to you the so-called Black man of America, first. Then I come to all nations. All these are My children. All are the family of God, יהוה. You'd better believe it. I'm the only One who can bring us all together in love, one to another. I'm the One. I'm born to do that. The God of Israel comes in the form of a man; walking, talking, breathing, even born. Isaiah, Chapter 9, verse 6.

The God of Israel is born from a woman. Me saying that shouldn't disturb you at all. You just have to accept it. You can't prove nineteen hundred years ago. You were not there. But you're here to witness what I say.

From the beginning of this civilization's time of wicked rulership, for six thousand years, there has been one government after another; one revolution after another; one coup d'état after another; and one violent overthrow after another violent overthrow. It's going on right now. And all of them are going to end up in hell, because they are government de factos. They're all masquerading in the place of God as if they are the Creator of



the people of the Earth, and they're not. I'm here to tell vou.

The One that is born of a woman, in Isaiah, Chapter 9, verse 6, is going to become—The Mighty God. That means He goes through a metamorphosis. I'm that One. I'm going through that metamorphosis the process of changing in form, esp. transformation by supernatural means. I'm eating the honey and I will not eat butter anymore. I'm also building a government.

What's the classification of My government? Government De Jure is what I'm building. That's the Divine, Theocratic government of יהוה; a government where the people of the Earth will have to receive all of their orders and directions and systems from God, straight through His Son, straight to them! Man will have nothing to do with it. יהוה Himself is going to rule all the planet. And the beauty is to watch יהוה make it happen when it looks like it's impossible!

PENNED BY THE MIGHTY GOD



My work is to make known the **NAME** of My Father, and to reveal **HIS** true character.

I HAVE REVEALED THY NAME UNTO THE MEN WHICH THOU GAVEST ME OUT OF THE WORLD: THINE THEY WERE, AND THOU GAVEST THEM ME; AND THEY HAVE OBEYED THY WORD (John 17:6).

AND I HAVE DECLARED UNTO THEM THY NAME, AND WILL DECLARE IT: THAT THE LOVE WHEREWITH THOU HAST LOVED ME MAY BE IN THEM, AND I IN THEM (John 17:26).

I glorify **THE NAME OF** うつっ by bringing recognition of **HIS** divinity.

הוה', **GLORIFY THY NAME.** THEN CAME THERE A VOICE FROM HEAVEN, SAYING, I HAVE BOTH GLORIFIED IT, AND WILL GLORIFY IT AGAIN (John 12:28).

I pray that הוה' WILL keep MY disciples in **HIS NAME**, and preserve them as **HIS** own. I work in the **NAME** OF הוה'.

I have told you, and you may not believe Me: but the works that I do in the **NAME** of יהוה, they bear witness of Me (John 10:25).

The first petition of My prayer is that **THE NAME OF** in may be sanctified, that **HIS** divinity may be manifested (Matthew 6:9; Luke 11:2).

THERE IS A DIFFERENCE BETWEEN CALLING UPON THE NAME AND CALLING UPON GOD.

Four hundred and fifty false prophets called on their gods all day and there was no voice, nor any answer (1 Kings 18:20-29). However, הוה answered Elijah by fire and proved that **HE** was God in Israel (1 Kings 18:30-40).

The same truth is expressed when **NAME** means personal reputation. Sometimes, when הוֹה is said to act FOR HIS NAME'S SAKE, the meaning is clearly OUT OF REGARD FOR HIS REPUTATION.

Thus, where the **NAME** of nin' is implicated, **HE** is "personally" involved, and WILL take personal action. The **NAME** is also a place of refuge because the God who bears the name has so revealed **HIMSELF.**

O My people, this is the great Judgment Day. You now have the knowledge of מהוה and His offer to be your God with life eternal. You must now make a choice to accept HIM or be destroyed. FLY TO הוה NOW!

MEDITATE IN THE LAWS OF יהוה

Deuteronomy 28:1-2

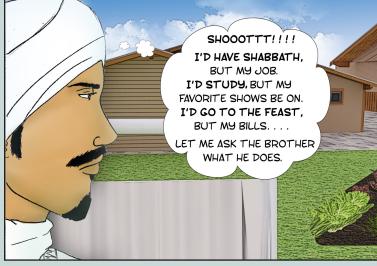
And it shall come to pass, if thou shalt hearken diligently unto the voice of יהוה, thy God, to observe and to do all His commandments which I command thee this day, that יהוה, thy God will set thee on high above all nations of the Earth: And all these blessings shall come on thee, . . . if thou shalt hearken unto the voice of יהוה, thy God.

Deuteronomy 28:15

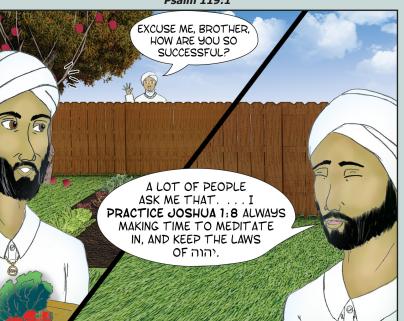
But it shall come to pass, if thou wilt not hearken unto the voice of יהוה, thy God, to observe to do all His commandments and His statutes which I command thee this day; that all these curses shall come upon thee, and overtake thee:

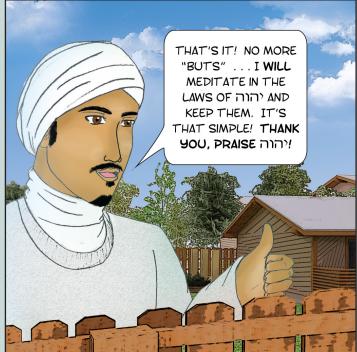
"THIS BOOK OF THE LAW SHALL NOT DEPART OUT OF THY MOUTH: . . . FOR THEN THOU SHALT MAKE THY WAY PROSPEROUS, AND THEN THOU SHALT HAVE GOOD SUCCESS." JOSHUA 1:8





"Blessed are the undefiled in the way, who walk in the law of the Lord, אֹרהוה." Psalm 119:1







Defore we summarize our previous article, Rumors of Wars and Wars: A Sign, we must ask you a couple of questions: Can you accept the fact that thousands of world history books have been published describing our past? But did you know that only one book has been written that can describe our past, govern our present, and predict our future? That one Book is the Bible, and it is considered the Good Book by people from all over the world, no matter what language they speak.

There are any number of biblical accounts of Scriptures, while written in the past, that can foretell the future by pointing out signs that can be readily identifiable in the present day.

One such Scripture is Matthew, Chapter 24, verse 6, in which we are told that hearing of wars and rumors of wars is a sign of the Advent, or Coming of the Son of Man, the Christ, יהוה בן יהוה, and of the end of this world as we know it.

In fact, in our last article, found in volume two of the Good News magazine, it was established through the use of the ten step study method of יהוה בּן יהוה that there

are many different kinds of wars signaling His return, such as: military wars, currency wars, trade wars, family wars, AI and cyber wars, war on poverty, war on drugs, but most

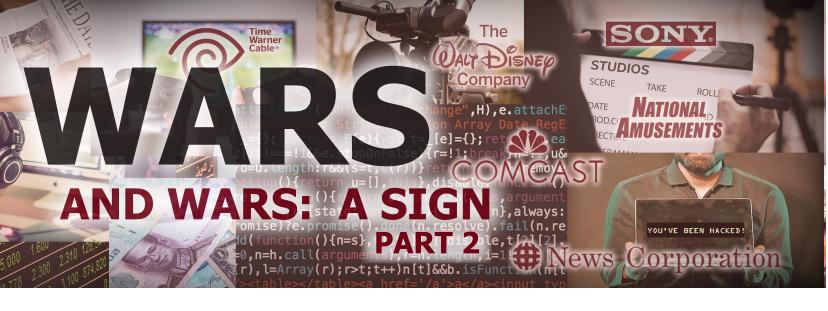
importantly word wars.

We expressed that only in this generation does technology exist permitting us to be able to hear of these wars and watch simultaneously the fall of humanity globally on 24-hour worldwide cable networks and streaming services. This era is said to be like no other time in history wherein today, all media—TV and radio news stations, hardcopy, and online newspapers, etc.—are now owned by only six companies called the Big Six.

We shared that the merger of such media will allow these companies to control the interpretation of reports, stories, and even opinionated broadcast regarding wars and the rumors of wars; thereby ensuring that only their spin of events is what is seen and heard. In the final analysis, these six international media moguls can continuously keep the public in a troubled state of mind.

Well in Matthew, Chapter 24, verse 6, בן יהוה יהוה tells His disciples that after you notice the signs concerning wars and rumors of





wars: "... see that ye be not troubled:".

Troubled in the traditional sense is to be disturbed; however, this article will present another perspective of the instruction given by הוה בּן יהוה להוה בּן יהוה the word "troubled" that you may not have considered.

Documented in the Strong's Exhaustive Concordance of the Bible, Greek reference number 2360, **troubled** is thro-e-o and it means "make a noise by outcry." **Outcry**, according to the Merriam-Webster's Collegiate Dictionary, Tenth Edition, copyright 1996, on page 825, is "a vehement protest." **Vehement**, from the same source, on page 1309, is defined as "marked by forceful energy: intensely emotional." While **protest**, on page 938, is "a usually organized public demonstration of disapproval."

Subsequently, the directive "see that you are not troubled" goes beyond being disturbed about something you heard or saw. It is when you allow a group of people to get you intensely emotional about a matter that you join an already angry crowd in an organized public demonstration to show your disapproval. Not to mention if the speakers have forceful personalities and their energy is flowing through the crowd, along with provocateurs or even agent provocateurs,

then you are looking at and in the middle of riotous conditions as we saw on January 6, 2021 in Washington, DC at the Capitol building.

Lastly, **trouble** from the aforementioned source, on page 1267 is "to agitate mentally or spiritually." Some synonyms of **agitate** are distract and discompose.

By and large, these demonstrations are nothing but distractions designed to get you discomposed emotionally and to cause you to lose your mental and spiritual composure.

Case in point, look at the intense emotions exhibited by the organized public demonstrations disapproving of the Israel/ Hamas war. What do you see?

Although protests have been happening for



RUMORS OF WARS AND WARS: A SIGN PART 2

years, the degree in which they are growing is credited largely to social media according to an online article entitled *The*

largest protests in American history are happening now. Expect them to get bigger, by Heather Dockray on mashable.com dated 3/27/2018.

The article goes on to say, "organizers have focused on making their marches intersectional putting women, people of color, young people and people from diverse religious backgrounds at the front and center of their speaker lineups and leadership... they've made inclusion a central operating principle."

With that said, organizers of these demonstrations and protests in today's society need diverse cultural groups and factions to increase their numbers. They are using inclusion and tolerance as tactics to lure people into supporting their agenda and sometimes payment to those who are in need.

By the way when a controlled media shows protests that are taking place in record numbers globally, don't follow the herd unawares; rather put on the whole armor of יהוה, so that you may be able to stand against the wiles of the devil (Ephesians 6:11).

Moreover, this present day sign of wars and rumors of wars is proof positive that the return of the King, יהוה בּן יהוה, is at hand! And this fact is something to rejoice about not protest against.

So you don't want to miss our next feature on this subject as we explore another perspective concerning the directive from Matthew 24:6, "...that ve be not troubled."



EPHESUS THEN AMERICA NOW

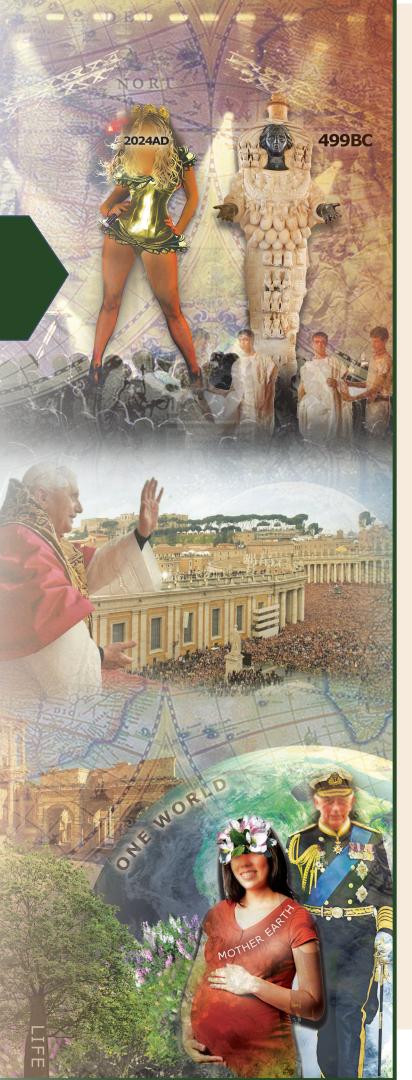
יהוה בן יהוה: Showing You Things To Come

churches spoken of in Revelation 1:11. However, did you know that this church is an indirect term for the "chief" country in the world today: America? Are you aware that the Ephesians of Ephesus were idol worshipers; just as the people of America even now are idol worshipers?

You might ask, why is this parallel so important? Many people from around the world have worshiped idols in the past and still do. Yet, no other civilization made a female goddess as popular, or as great, as the city of the Ephesians. Knowing that history tends to repeat itself, therefore, what took place in Ephesus then, signals that we be on the lookout for the rise of a widely worshiped goddess in America today.

A further repetitious historical point is that it was general knowledge that the people of Ephesus worshiped the great female deity, Diana, and the image which fell down from Jupiter, as stated in Acts 19:35, which reads in part:

"...what man is there that knoweth not how that the city of the Ephesians is a worshiper of the great goddess Diana, and of the image which fell down from Jupiter?"



Yet none fully understood the structure and the details that caused them to come to worship Diana as their goddess and pay homage to the image from Jupiter. But the same scenario will take place among America's general populace in this day and age for they lack similar information as to who and what they worship and why.

In fact, the masses never create the deity or image that is worshiped. It is always the idea of one who gives the general impression to another to present to the public.

In this regard, it is important to recognize that America is also known as modern Babylon and was founded on biblical principles. Her political, educational, social, and financial institutional structures were constructed for a religious purpose; so much so that her financial backers, who set up her systems, coined and engraved on her currency the term *In God We Trust*; while at the same time using several different images as the head god.

In ancient Babylon it was the face of Nebuchadnezzar who was used to set up the image as referenced in Daniel 3:7 and in Ephesus it was "from" Jupiter.

According to *The New Oxford American Dictionary,* copyright 2001, Computer Software, **Jupiter** in Roman Mythology is "the chief god of the Roman state religion, originally a sky god associated with thunder and lightning." **Roman** in a religious sense "pertains to the Roman Catholic Church, wherein the Pope is the head."

Question: So, who will become the *one*, *chief* female *goddess sanctioned by the Pope?* And what thunderous and lightning ideas will she be promoting to come down from the sky or cloud as the state religion? Is it the Mother Mary of the Christian world and her son? Or the Mother Earth projected as the Tree of

EPHESUS THEN AMERICA NOW

יהוה בן יהוה: Showing You Things To Come

Life? Or will it be a popular face from the entertainment world, such as influencers like Beyoncé or Taylor Swift representing the New World Order and The One World Religion?

We must wait patiently for the reveal. And seeing that these things cannot be spoken against, don't get caught up in the drama of idol worship, and "do nothing rashly" (Acts 19:36).

For in the last days of Satan's rule he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that no *man* might buy or sell, save he that had the mark, or the name of the beast, or the number of his name (Revelation 13:16-17).



For further study, visit yahwehbenyahweh.com and order the book today!

Let what we have learned of Ephesus and it's modern representation, America, warn and alert you against idolatry, for if any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wrath of הוה', which is poured out without mixture into the cup of His indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb, 'הוה בן יהוה ב

THE BOOK OF THE MONTH



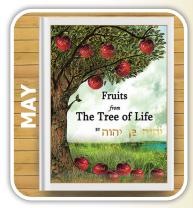
In this book, יהוה בּן 'is revealing the devil. He states, You have to have the whole armor of יהוה בֹן 'to be able to stand against his wiles. What does wiles reference? Cunning devices! The devil has cun-

ning "mental" traps for you. Your battle with Satan is a "mind" thing. As a result, you need "My" power and "My" might and "My" armor. So what is the whole armor of יהוה? Moral behavior. You need "all" of moral behavior in your heart, in your mind, and in your soul to be able to stand.



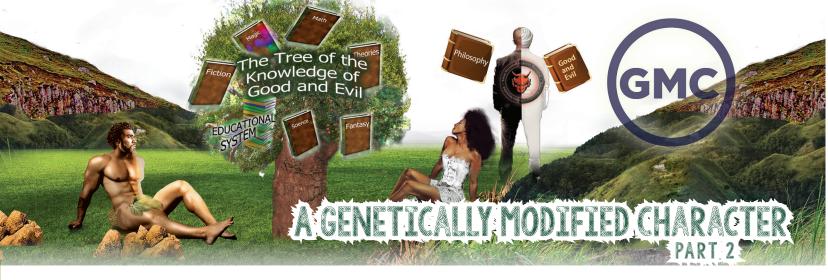
You must understand that יהוה בּן יהוה TOOK UPON HIMSELF THE FORM OF A SERVANT, which denotes that He became as a SERVANT in man's likeness at HIS INCARNATION, and that He did not possess that form before

that time. HIS PURPOSE in coming as a Man was in order to **DIE ON THE CROSS OF JU-DICIAL MURDER IN U.S. COURTS** for man breaking the commandments, judgments, laws, and statutes of הוה: THE KEY IDEA TO CONSIDER is that יהוה בן יהוה בן יהוה: WAS and IS who He claims to be:



The Tree of Life is a PARAGON, and all who eat from the Tree of Life are a paragon. And this is how we were before Lucifer came into the Garden. He had no chance to win as long as we were eating from the Tree of Life.

Therefore, he had to take our mind off of being a paragon—and he succeeded. Thus, the Tree of Life is **paramount**; and when you eat from the Tree of Life, you likewise become paramount. You become what you eat. In fact, you are what you eat.



In our previous article we learned that genetically modified organisms (G.M.O.'s) actually began in the Garden of Eden when Satan, who is the opposer of God, יהוה, tricked Eve into eating from the tree of the knowledge of good and evil; and when Adam gave ear to Eve and ate from this same tree-through his disobedience—the mental and spiritual process of being genetically modified began.

After witnessing the expatriation of Adam and Eve from the garden of Eden by יהוה (Genesis 3:24), Satan was now assured that following after his urgings would genetically modify their essence.

Essence is the same as "one's central nature"; according to *J.I. Rodale's Synonym Finder*, copyright 1978, on page 366; and on page 155, **central** is synonymous to "internal." Thus, as Satan had planned, Adam and Eve's internal nature was altered making them weak, lacking moral strength, and subject to death (Genesis 2:17, 3:4).

So, in this article, we will concentrate on what is actually being modified when anyone falls victim from the serpent's encouragement to eat of the fruit which is in the midst of the garden (Genesis 3:1-3).

We have already shown that eating from this tree will genetically modify your internal nature. Therefore, let us look up **nature**, as defined in the *Webster's Ninth New Collegiate Dictionary*, copyright 1985, on page 789, which means "the inherent character of a person;

man's original or natural condition." **Original**, in the same source, on page 832, describes "that from which a copy or reproduction is made." And, **origin** (the root of *original*) is the "beginning or derivation from a source."

Thus, man's beginning and derivation is from a very select, specific Source, and this Source is identified in Genesis 1:27, and it reads:

So God, יהוה', created man in His own image, in the image of יהוה, created He him; male and female created He them.

Utilizing the aforementioned *Synonym Finder*, on page 536, **image** connotes "a copy, a reproduction." Hence, man's inherent character was created by and is a copy and reproduction of the Almighty God, יהוה, Himself.

To add more clarity to what is being altered of man's natural condition, we must define **natural**, and it says "possessing the higher qualities of human nature" (found on page 788 of the previous *Webster's*).

Consequently, Adam and Eve's character possessed the higher qualities of being human because their initial condition derived from יהוה. Furthermore, based upon the authority of Webster's Third New International Dictionary, copyright 1986, on page 1100, human means "of relating to or resembling man or his attributes in distinction from the lower." And man, on page 1372, is "a particular aspect of qualities that differentiate the inward and in the lower."

spiritual from the outward and worldly."

In conclusion, when Adam and Eve ate from the tree of the knowledge of good and evil, their very inward character and spiritual attributes were genetically modified. This included the particular aspects of qualities that differentiated them as the creation of יהוה, and that which distinguished them from the lower, outward and worldly assets of Satan.

Believe it or not, this type of modification can and still happens today! In fact, that old serpent, called the devil and Satan, is always trying to beguile others into following him; while at the same time, seeking those whom he may devour (1 Peter 5:8; Revelation 12:9). However, if you want to learn how to ward off the wiles of Satan then be on the ready for Part 3 of *A Genetically Modified Character*.

FORCED INVESTORS

Hedge funds, financial assets, risk management, purchasing power, digital currencies, interest rates, the debt ceiling, and "extraordinary measures." Regardless of what the world's financial wizards call it, it is all a shell game, for the money is spent (Genesis 47:18). These magicians are running low on tricks; servicing debt and creating money out of thin air to keep the economy afloat. Nevertheless, יהוה בן יהוה cautioned us over thirty years ago, that this time would come: the money faileth (Genesis 47:15). For that reason, Egypt's money changers have come up with a scheme and several programs so that they can "legally" turn your hard-earned cash into a previously untapped source of wealth for them. Their aim is to make you one of their forced investors, and to ultimately compel you to take the mark (Revelation 13:17; 14:9, 11)! But it's not too late: there's still time—albeit very short to return to the "divine" counsel of יהוה יהוה בן, and thereby get the victory over the beast and over his mark (Revelation 15:2). Revisit 700P-19CD Stand Still and See The Salvation of יהוה בן יהוה family study set.



Did you know that the whole Earth is the Garden of יהוה?
And, that it was created by His Son, יהוה בן יהוה? In John Chapter 1, verse 3, יהוה בן יהוה power to create all things. It reads, "all things were made by Him; and without Him was not anything made that was made." Therefore, in the beginning יהוה בן יהוה בן יהוה created the Earth.

During Earth's creation, יהוה בּן יהוה יmade a garden. In Genesis 2:8: . . . "הוה בּן יהוה ב

This series will follow lessons from the Creator, יהוה בּן יהוה, on how to garden. To begin we will focus on some mighty creatures from the beginning that are vastly important even unto this day. Genesis, Chapter 1, verse 25, reads [in part]:

And הוה בן יהוה made ... every thing that creepeth upon the Earth after his kind: and [He] saw that it was good.

Creep, from *creepeth* in the *Synonym Finder by J.I. Rodale* is "worm." And, **creeping** is described as, "vermicular." The *American Heritage Talking*

RETIREMEN

The Garden of Earth The Creeping Thing After His Kind Pictionary copyright 1997 Computer Software The soil This process recomposes decaying

Dictionary, copyright 1997, Computer Software, defines the prefix **vermi-** also as "worm" under its Latin origin. While a **worm** is "any of various invertebrates, . . . having a long, flexible, rounded body, often without obvious appendages"; **appendage** is "an organ, such as an arm, a leg, [etc.] that is joined to the trunk of a body."

These facts show that at the time יהוה בּן יהוה משל made every thing that creepeth upon the Earth He made worms after his kind. The worm kind included various invertebrates with long, flexible bodies that do not have obvious organs like arms or legs joined to their trunks. Upon placement on Earth, He saw that it was good.

Today, this brings to mind earthworms. The *Encarta Reference Library*, copyright 1993-2003, Computer Software, states: "**Earthworm**, a name given to more than 1000 species of worms in a class [They] play an important role in soil ecology. By being continually loosened, stirred up, and aerated by the action of earthworms, soil is made more fertile.

Earthworms are capable of burrowing with considerable speed, especially in loose soil; In burrowing, they swallow large quantities of Earth that often contain considerable amounts of vegetable remains. They are able to digest the nutritive matter of the soil, depositing or casting out the remains on the surface of the Earth or in their burrows."

Based on these added facts, when יהוה בן יהוה created worms after his kind He made a class of more than 1000 species of earthworms. They swallow large quantities of Earth containing vegetable remains and deposit it back on or into the Earth as castings, all while loosening the soil. This process recomposes decaying organic matter, like vegetables, into nutrients that growing plants can absorb through their roots. The result is a type of **compost** or "mixture of decaying organic matter, used to improve soil structure and provide nutrients." Evidently, יהוה בן יהוה בן יהוה ליהוה בן יהוה the small but mighty earthworm as composters for His Garden: Earth. That's quite a job!



Have you heard the term vermicomposting? It simply translates as composting by worms. If you have not, our next article will show you how to aid the Earth, like יהוה בּן יהוה בֹּן יהוה מחל have your very own vermicomposting bin. The contents can be used to boost soil fertility or to farm more earthworms to add into your garden, landscape, or compost pile. Pssst . . . try not to use them for fishing!

Fascinating Fact:

Earthworms make group decisions!

In such high densities, they need to be able to get along, and it turns out they do.

Communicating by touch, earthworms can form large clusters that communicate as a sort of hive mind and work together sharing information and making decisions on what to do next. Source: www.factanimal.com

HEALTH AND WELLNESS

Dear brothers and sisters, we are living in a most challenging age and truth is the only reality that can resolve our dilemma. All of the ugliness about us, and the medical problems we have suffered is a result from our worshiping and loving materialism.

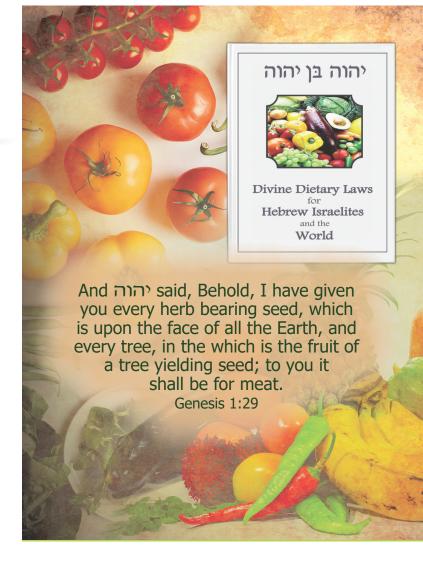
Materialism is defined as a "preoccupation with or emphasis on material objects, comforts, and considerations, with a disinterest in or rejection of spiritual, intellectual, or cultural values," as documented in *Random House Webster's Unabridged Dictionary*, copyright 1999, Computer Software.

People of color suffer the most from various diseases, whether it's from high or low blood pressure, diabetes, heart disease, cancer and strokes because of improper diets and the lack of reasoning to consider the spiritual or cultural dietary laws of God, יהוה, as found in the King James Version of the Bible.

In fact, if you're disinterested in or just plain reject reading the Bible, then you have no understanding that the foods we eat have a direct result on our health. Most of the dietary laws of יהוה concerning foods that are clean (to eat) and unclean (not to eat) are found in Leviticus, Chapter 11, Verses 1 through 47; and Deuteronomy, Chapter 14, Verses 1 through 21.

We must understand that the health of our body depends upon what we eat and there can be no substitutes for a proper, healthy diet.

In the book, *Divine Dietary Laws for Hebrew Israelites and the World*, יהוה בּן יהוה tells us that for **healing and nutrition** our first duty is to make our body healthy. And to do



this we must have proper "knowledge" of food and follow proper dietary habits.

For without health, nothing can be achieved. With that being said, all achievements are based on our health. So, whatever we want to do spiritually, socially, nationally, or otherwise, we have to do it with a healthy body.

Always remember there is no disease, only a polluted body. If it is cleaned out and given proper nourishment, your body can heal itself. Therefore, learn to follow the laws of nature. If, however, your body is polluted because of your past ignorance, then a proper fast—the eating of "fresh vegetables and fruits" only—will cure practically any problem you may have.

Fasting:

Short fast from one to three days are very

beneficial both spiritually and physically, especially when you drink water freely.

Knowing that famine and hard times are coming upon us in this country according to the Word (Luke 4:25, 15:14; Revelation 18:8), to abstain from rich foods and to eat plain food, even for days and weeks at a time, would be very beneficial—physically and spiritually; so that you won't complain as our fathers did when that time comes (Numbers 11:1, 5-6). You may use the Strong's Exhaustive Concordance of the Bible to find as many Scriptures on fasting to read.





Vegetables are foods we obtain from the leaves, stems, flower clusters, roots, tubers, or seeds.

Vegetables are among the most important types of food that we should eat daily. They give bulk to the diet, which helps the digestive process. Vegetables that are good for us because of their leaves or stems include: cabbage, lettuce, spinach, mustards, kale, endives, crest, parsley, asparagus, and rhubarb. Some others are important because of their roots or their underground stems and leaves, which are: white potatoes, sweet potatoes, carrots, beets, turnips, rutabagas, parsnips, and onions.

The seeds of other vegetables that are







an important part of our diet include: peas, beans, and sweet corn. They are important because of the vitamins and minerals they contain such as: Vitamin A, Vitamin C, Niacin and Thiamine. Their source of minerals include: Calcium, phosphorus, and iron.

We should learn how to prepare a variety of vegetables for our family, such as: artichokes, asparagus, beans, beets, broccoli, brussels sprouts, cabbage, carrots, cauliflower, celery, Chinese cabbage, chives, crest, cucumbers, eggplant, endives, garlic, horseradish, kale, leeks, lentils, lettuce, mustards, okra, onions, parsley, parsnips, peas, peanuts, peppers, potatoes, radishes, rhubarb, rutabagas, shallots, spinach, squash, sweet potatoes,

turnips, and yams.

Sprouting

In a time of a food shortage or emergency, knowing how to sprout seeds is one of the most important skills you can have. Sprouts provide daily vitamins, proteins, minerals, live enzymes, and fiber. If you are prepared, living very healthily in the hardest of times is possible. Knowing how to sprout can help you stretch your food further. There are many methods of sprouting. The two most popular sprouting methods are the Mason Jar and Cloth. (For more information on crisis planning refer to The Good News of יהוה Preparedness Magazine.)

In our next article, we will talk about the fruits that we should eat and why they are an important part of the human diet.

THE POETRY CORNER

Energy: Negativity is Anti-Divinity

Energy is a multiplicity of frequencies vibrating throughout the Earth.

Divinity is an energy.

Negativity is an energy.

Energy lives within you and is vibrated through you.

This is why it is up to you to choose the type of energy that flows through.

Negative energy vibrates from you and into you in the form of personal thoughts, music, television, friends, family, food, work, and the list goes on.

With that said, it is imperative that you relinquish its nature, because its presence has existed for far too long.

Negative people take.

Divinely positive people create.

But, how does one stop negativity?

Stop trying to stop it. That's not your job.

You have to rule over it!

It's like trying to stop darkness. Darkness is the **absence** of light.

You can't turn on darkness like you turn on a light!

So, turn on the light of divinity, thus, causing negativity to take flight!

What makes negative energy anti-divinity is that all of its frequencies are low.

People vibrating at low frequencies are subject to hatred, sickness, diseases, poverty, depression, and woe.

Divinity vibrates at high frequencies, making



it positively electromagnetic; attracting all things good: health, harmony, prosperity, vigor, love, and more.

Positivity is Divinity: It is the nature of being connected with יהוה.

It vibrates inside of you and through you. It is a kind character, never a cruel character. It is a spiritual character, never a resentful character.

It is a self-sacrificing character, never a selfish character.

Nevertheless, don't ever think that negativity can't knock you out!

teaches that negativity will bring you down.

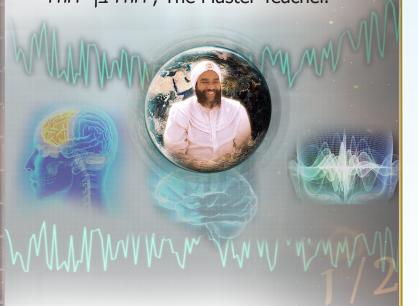
Yet, He teaches that positivity has all of the clout.

Therefore, always consciously choose the energy of divinity!

Its frequencies are so wonderfully powerful, you will be the embodiment of positivity!

Inspired by Mathematically The Positive יהוה בן יהוה Honorable יהוה בן יהוה Behold, what manner of love the Father, יהוה, hath bestowed upon us: for in the uplifting and assuring combo tutorial, "Mathematically The Positive Always Rule," our Instructor is none other than יהוה בן יהוה, The Master Teacher.

Whymry Willy Many



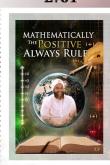
It is He who is gone into Heaven, and is become the Source of ALL authority! And as He demonstrates with absolute certainty, for all to witness, He is "the" One armed with "the" solution to "the" problem. How? Because His moral and righteous rulership and power are infinitely and soundly established on the principle that mathematically the positive always rule.

However, if after reviewing this class, you still wish to debate the question, then we simply say, "More power to ya!" To order visit: yahwehbenyahweh.com

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Biblical scholars admit that the story of how Pharaoh was forced to let the Israelites go is a prophetic announcement of the Second Coming of Christ, יהוה בן יהוה, in this day and time to save the world (1 John 4:14). Just as יהוה delivered the children of Israel, when He heard their sighs and cries by reason of their bondage in Egypt, in the process of time יהוה Shall Set His Hand **Again To Recover His People** (Exodus 2:23; Isaiah 11:11).

Imagine how heavenly that day will be for His people: those who adhere to His commandments, judgments, laws, and statutes. You can start now, by keeping the Passover/Feast of Unleavened Bread in the place where יהוה בּן יהוה has chosen to place His name. For more information go to the Feast of יהוה at www. yahwehbenyahweh.com

To You



Download "Who Is The Nation of יהוה?" book free at www.yahwehbenyahweh.com



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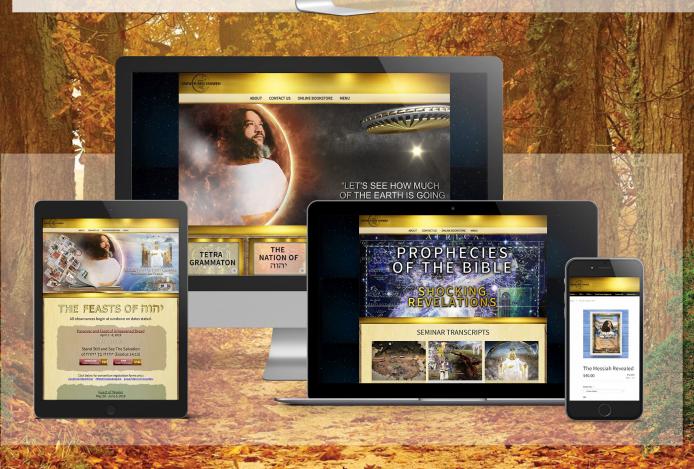
















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